

# St Joseph's Nursing Home

## Information for Enquiries

St Joseph's Nursing Home is located in Lismore, the cultural and economic capital of the Northern Rivers region, which is situated between the rainforest and the sea in Northern NSW.

St Joseph's is close to local cafes, shops, post office, libraries, churches, transport and road links, ensuring strong ties with the local community and is easily accessible for families and friends to visit.

St Joseph's offer residential and respite care in a purpose-built setting, with a caring environment where every resident is seen as an individual. Residents are fully involved in the planning of their care, with their dignity, privacy, choice and independence always respected and promoted.

Our staff are very proud of the compassionate service they offer and work hard to create respectful relationships with residents, families, and visitors.

St Joseph's has a wide range of residents, with varying capabilities and needs, and the staff are trained in dementia, high-dependency, and palliative care. RNs are on duty at St Joseph's 24/7.

At St Joseph's residents are encouraged to remain physically and mentally active and the Leisure & Lifestyle Team are dedicated to accommodate the needs of all residents with a broad range of in-house activities and excursions.

There are also accessible gardens and quiet courtyards throughout St Joseph's to enjoy activities, or relax in a peaceful environment.

St Joseph's is also co-located with St. Vincent's Private Hospital, which provides our residents access to on-site pharmacy, pathology, radiography, a social worker, a wound specialist, a diabetes educator and a private rehabilitation service.

# Frequently Asked Questions

## **What accommodation do you offer?**

St Joseph's has 130 beds, which range from single ensuite rooms to shared facilities. All bedrooms and bathrooms have call bells.

## **What kind of activities are on offer?**

There is a wide range of activities on offer that cater for all residents, including those living with sensory impairments, or dementia; for example, excursions, cooking, crafts, exercises, concerts, picnics, BBQs, movies, painting, gardening, men's shed, and so on. Residents' hobbies are actively encouraged and the Leisure & Lifestyle Team are always open to new suggestions that would enhance the residents' experience and their quality of life. There is also a childcare centre on-site and regular inter-generational activities are scheduled.

## **Can the bedrooms be personalised?**

All rooms are fully-furnished; however residents are encouraged to bring personal items such as mementos, ornaments, photographs, pictures and small pieces of furniture to make their bedrooms feel a little more like home.

## **Do you cater for special diets?**

All meals from the seasonal menu are cooked fresh on site. There is a wide choice of options on the menu that can be individually-tailored to meet all residents' preferences, allergies and dietary needs. Meals can be served in the dining rooms, in the residents' rooms, or in the gardens. Family and friends are welcome to join residents for meals.

## **How long is a respite stay?**

Respite is generally booked for a two week period. Requests for longer stays will be considered on a case-by-case basis.

## **What other services are available at St Joseph's?**

Other services that are on offer (some at additional cost) include; Podiatry, Physiotherapy, Pet Therapy, Dietitian, Hairdressing, Beautician, Speech Pathologist, Dental Services.

# Frequently Asked Questions

## Can I get help with the fees?

The Australian Government regulate the fees for Aged Care and these could be subsidised depending on your income and assets. There are three main charges:

1. There are Basic Daily Care Fees that all residents pay. This is currently 85% of the full pension and covers meals, laundry, continence aids and walking aids (where necessary) and other overheads.
2. There is an Accommodation Payment. This can be paid as a lump sum, a daily payment, or a combination of both.
3. There is a Means Tested Fee. This is a contribution that is determined by Centrelink/DVA.

The St Joseph's Admissions Officer can discuss these in more detail.

## What are the next steps?

If you would like to organise a tour of St Joseph's, please call and speak to our Admissions Officer on 02 6627 9357 or 02 6627 9356. You will also need to arrange an Aged Care Assessment. This can be done in one of the following ways:

- Contact your local GP
- Contact the Northern NSW Aged Care Assessment Team on 02 6620 6222
- Contact My Aged Care on 1800 200 422

## CONTACT DETAILS:

Admissions Officer  
St Joseph's Nursing Home  
20 Dalley Street  
LISMORE NSW 2480

Tel: (02) 6627 9357 (direct line) or (02) 6627 9356 (reception)

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